

Exhibit Q



(<http://www.doc.ri.gov/index.php>)

(<http://www.ri.gov>)

Department of Corrections (<http://www.doc.ri.gov/index.php>)

([../index.php](http://www.doc.ri.gov/index.php))

Menu

[Healthcare Services \(<http://www.doc.ri.gov/rehabilitative/healthcare/>\)](http://www.doc.ri.gov/rehabilitative/healthcare/)

[Behavioral / Mental Health \(<http://www.doc.ri.gov/rehabilitative/healthcare/behavioral/>\)](http://www.doc.ri.gov/rehabilitative/healthcare/behavioral/)

[Health Care Administration \(<http://www.doc.ri.gov/rehabilitative/healthcare/services.php>\)](http://www.doc.ri.gov/rehabilitative/healthcare/services.php)

[Nursing Services \(<http://www.doc.ri.gov/rehabilitative/healthcare/nursing.php>\)](http://www.doc.ri.gov/rehabilitative/healthcare/nursing.php)

[Medical Records \(<http://www.doc.ri.gov/rehabilitative/healthcare/medical-records.php>\)](http://www.doc.ri.gov/rehabilitative/healthcare/medical-records.php)

[Public Health Promotion \(<http://www.doc.ri.gov/rehabilitative/healthcare/promotion.php>\)](http://www.doc.ri.gov/rehabilitative/healthcare/promotion.php)

Behavioral Health Services

Caitlin Bouchard, Acting Clinical Director/Psychologist

18 Wilma Schesler Road

Dix Building

Cranston, RI 02920

(401) 462-0432

The primary function of this unit is to provide mental health and substance abuse treatment services to inmates who have been remanded to our custody and care. Our inmates provide a complex clinical picture because of the nature of their mental health issues (15 -20% of our population) and substance abuse histories (70 - 80% of the population), consistent with national data of disease prevalence in correctional institutions. Those with both diagnoses, in combination with their overall compromised physical health status, are especially challenging.

Other components in this unit include Sexual Offender treatment programs, counseling of offenders who are victims of sexual violence, and the Mentally Ill Offenders Discharge Program.

Summary of Programs

[Mental Health Services](#)

The primary function of this unit is to provide mental health treatment services to inmates who have been remanded to our custody and care. The Behavioral Health Unit is staffed by sixteen RIDOC employees, including the Clinical Director, the Supervising Clinical Psychologist and fourteen (14) Clinical Social Workers. Each facility is assigned a team of clinical staff that is proportionate to the population being served. Staff provide services on-grounds between the hours of 8:30am – 8:30pm, with 24-hour, 7 days per week on-call coverage provided by the Clinical Director and Supervising Clinical Psychologist.

Behavioral Health Services is tasked with a variety of duties, including the ongoing evaluation and monitoring of all inmates who present with a level of risk for suicidal behavior. RIDOC utilizes a three-tier system of observational statuses for inmates who present with a potential risk to harm themselves or others. All inmates are assessed for suicide risk and need for mental health services upon commitment to the Department, and on an ongoing basis throughout their time served.

Mental Health treatment is provided via a variety of methods including individual and group therapy; medication-based treatment; psychoeducational interventions and evidenced-based behavioral interventions including cognitive-behavioral therapy (CBT); Dialectical Behavioral Therapy (DBT); Motivational Interviewing and Anger Management. A psychiatric Occupational Therapist provides 28 hours per week of individual and group occupational therapy to inmates at the High Security Center. Discharge planning services are provided to all inmates receiving mental health and psychiatric treatment to ensure continuity of care. A specialized mental health discharge planner is assigned to work with all sentenced inmates who are designated as Community Support Program (CSP) eligible.

Psychiatric services are provided through contracts with Rhode Island Hospital/Lifespan Department of Psychiatry for both the sentenced and awaiting-trial facilities. Approximately 40% of our population is prescribed psychotropic medication. There are a number of psychiatrists under contract with the Department to provide approximately 44 to 48 hours per week of psychiatric care for the sentenced facilities, and 40 hours per week for the Intake Service Center. On-call coverage is also provided by Rhode Island Hospital during weekend and evening hours. Psychiatric staff work closely with the clinical and supervisory staff as part of a treatment team for the highest possible level of coordinated mental health care services. For patients who lack the capacity to understand the benefits of treatment or the risks of refusal, psychiatric staff work closely with the Office of Legal Counsel and Supervisory staff to obtain court-mandated treatment services (Petition for Instructions, Specialized Service Transfers to Eleanor Slater Hospital), ensuring that the patients receive the treatment necessary to maintain their safety and the safety of the institution.

In the past 5 years, RIDOC has seen an increase in the number of severe and persistently mentally ill (SPMI) inmates entering our facilities, with the number in the RIDOC being approximately 15-20% at any given time. In February 2018, a Residential Treatment Unit was established at the High Security Center. The mission of this 18-bed unit is to provide inmates with programming, treatment and structure as an alternative to placement in a Disciplinary Confinement Unit or an Administrative Confinement Unit, or when deemed clinically appropriate. The goal of the placement in the RTU is to assist inmates to achieve their highest level of functioning by developing alternative coping skills that result in behavioral stability sufficient to return to general population. The RTU is designed to assist inmates with achieving their highest level of functioning using an incentive-based system. The Phase System is the basis for this program. When an inmate is admitted into the RTU, the treatment

team will determine the phase that is most appropriate for the inmate's clinical presentation and recent behavior. The treatment team will develop individualized time frames to allow the inmate to progress through all phases when clinically indicated.

Substance Abuse Treatment Services

Rhode Island Department of Corrections

DOC ADDRESS

40 Howard Avenue
Cranston, RI 02920

Directions (<http://www.doc.ri.gov/resources/directions.php>)

CONTACT DOC

Contact Us (<http://www.doc.ri.gov/about/contact.php>)

General Information: (401) 462-1000

Records & ID: (401) 462-3900

Bail Information: (401) 462-2261

FIND SOMETHING

COVID-19 INFO (<http://www.doc.ri.gov/covid-19/>)

Inmate Search (<http://www.doc.ri.gov/family-visitors/inmate-search/>)

Jobs (<http://www.doc.ri.gov/opportunities/>)

DOC Policies (<http://www.doc.ri.gov/news-info/policies.php>)

*****DOC/DOJ SETTLEMENT INFORMATION**